

Training for a Ministry of Presence and Listening

Pastoral care is not counseling and need not (and should not) be done only by clergy. All of can be called to give emotional and spiritual care in times of transition, illness, crisis, or other need through listening, communication, and presence. While a caring heart is often an indication of a call to this kind of ministry, training in caring skills can help one become a more effective care giver.

The Lay Pastoral Care Program offered at Holy Cross is an introduction to these skills, skills which can be helpful to anyone in their personal relationships as well as when used in ministry in the larger community. No commitment to ministry at Holy Cross is required of participants in the program, though those who complete the class may choose to become active participants in one or more of the Holy Cross Caring Connection ministries.

If you would like to be part of this class, please fill out the registration form below and give it to Mother Linda or leave it in the parish office. If you have other questions, please call Mother Linda and she will connect you with one of the last program's participants who can share their experience.

Lay Pastoral Care Training Program – Saturdays, January 9, 16, February 20, and March 6, 2010. Sessions will be from 9:00 A.M. - 2:30 P.M. Bring a bag lunch. Because this is a concentrated course, a commitment to all four sessions is important. Topics to be covered are: Introduction to Caring; Listening; Visitation; Death and Dying; Grief; Dealing with Stress & Crisis; How and when to Refer; and Christian Resources.

I would like to participate in the Lay Pastoral Care Training sessions at Holy Cross beginning on Saturday, January 9, 2010.

Name

date

Phone #

email