



“And if you give yourself to the hungry and satisfy the desire of the afflicted, then your light will rise in darkness and your gloom will be as noonday.” Isaiah 58:10

In South Carolina, 67% of all school kids would go hungry without free/reduced lunches. At Hickory Tavern Elementary and Middle School, 77% of children receive free/reduced lunches. During the weekends when school is not in session, children are at risk of going without the food they need. In addition to what hunger can do to their health and physical development, hunger can affect their behavior and school performance.

Power PACKS is a ministry that provides packs of non-perishable foods to Hickory Tavern Elementary and Middle School. These packs are anonymously given to children in need, providing nutrition to the kids over the weekend.

How can you help? We are seeking volunteers to help with packing and delivering. We also need FOOD donations. Please refer to this list and bring your donations to:

Holy Cross Episcopal Church
205 E. College Street, Simpsonville, SC 89681

For more information, contact Jennifer Hellams at 864-967-7470 or [Go to our Facebook page](#)

Needed items

Individual bags of oatmeal
Cereal Cups
Juice Boxes
Milk Cartons (shelf sustainable)
Canned or pre packed meals (Hormel meals, Chef Boyardee, stews, soups)
Canned meats
Snacks (granola bars, dried fruit, pretzels, crackers)
Small canned veggies
Apple sauce or fruit cups
Fresh Fruit (purchased weekly day before delivery)

You can also provide cash, gift cards, and even coupons to Power PACKS. We will convert cash, gift cards, and coupons into food and it will be delivered to the students in need through the guidance counselors.